

TOWN OF QUARTZSITE

**COMMON COUNCIL
A PROCLAMATION**

**MENTAL HEALTH MONTH
“Mind Your Health”**

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE, WE, THE COMMON COUNCIL OF QUARTZSITE, do hereby proclaim May 2014 as Mental Health Month in the Town of Quartzsite, AZ.

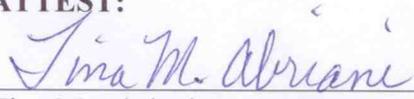
FURTHER, we also call upon the citizens, government agencies, public and private institutions, businesses and schools in the Town of Quartzsite to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

DATED this 22nd day of April 2014.


Ed Foster, Mayor

Given under my hand in these free United States in the Town of Quartzsite, Arizona, on the 22nd day of April in the year Two Thousand Fourteen; and to which I have caused the Seal of the Town of Quartzsite to be affixed and have made this proclamation public.

ATTEST:


Tina M. Abriani, Town Clerk